



NORMANDALE LAKE OFFICE PARK

Fall 2017

PAT SENG | VP/GM NLOP

From the GM

Recent news
about natural
disasters have
shaken us all to the
core. We are gripped
by devastating
photos and inspired
by stories of heroic
rescue efforts



and the widespread outpouring of generosity and support.

Giving what we can helps others in need, but here's how your generosity has other positive effects:

- It makes life more meaningful and makes you feel better about yourself.
- It promotes a charitable attitude in your children, friends and other family members.
- It provides a tax deduction to help you reduce your own personal taxes for a good cause.
- It helps you realize that every little bit helps and that you too can make a difference.

Let's not forget that the many victims of these tragic events will continue to need our help in the months and years ahead. Read on to discover what you need to know before you give and have confidence that if the situations were reversed, these same neighbors would rush to our aid in a time of need.

Stay safe everyone.

Disaster Relief - How You Can Help

ummer has ended with a number of devastating natural disasters that continue to affect the lives of thousands of people living in Texas, Florida, the Caribbean, Mexico and most recently Puerto Rico. It doesn't appear to be over yet.

Whether we know someone personally who is living through the aftermath of recent hurricanes and earthquakes or not, we all have great empathy for those who must rebuild their lives again. It's not too late to help. But how do you choose the right charity when making a donation?

Consumer Reports suggests using a charity watchdog, which evaluates charities on many factors, including how much money is given directly to programs compared to what is used for administrative costs. The BBB Wise Giving Alliance, Charity Navigator and Charity Watch all have websites that list highly rated programs that will use your donations wisely.

If you plan to give as an individual or you want to organize a campaign to get your business involved, here are some things to remember:

- Beware of illegitimate organizations that attempt to take advantage of kind-hearted people who just want to help.
- Give directly, so you know your donation will go further.
- Send money instead of food and clothing, which will provide more immediate help.
- Keep on giving, because the effects of recent disasters will continue to be felt in the months and years ahead.

Giving financially is one way we can feel like we're making a difference. Even though we may not be affected directly, disasters that occur around the world can make us feel anxious and troubled about things we can't control. Volunteering for organizations in our own communities can help us focus on the needs of others and give ourselves strength in return.

Disasters have a way of helping us appreciate the many simple things in our lives that we often take for granted. They remind us that we should always greet each day with our eyes wide open.

Source: Consumer Reports



Protect Your Belongings in the Event of a Disaster

We've all learned these past few months about how quickly lives can change and what can possibly be lost as a result of a natural or unnatural disaster. Here are some very important ways to protect your most valuable belongings:

- Rent a lock box or invest in a fireproof safe or container to store things like birth and marriage certificates, insurance policies, wills, passports, bank records, credit card numbers, investment documents and valuable jewelry.
- Scan old photos and store all photos as well as computer data on some type of memory stick or device so they can be reproduced if your computer or hard copies are destroyed.
- Tell your children or a family member where all of your important information is stored so it can be recovered immediately if you can't get to it.



Meet the 2017 3-on-3 Basketball Stars



1st Place AonDoug Espenson, Paul Anderson, Joe Epple, Neal Anderson



2nd Place One and DoneTony Nettleton, Matt Larson, Kevin Larson
Not pictured: Steve Murray, Jake Clymer

NORMANDALE LAKE OFFICE PARK

Tenants in the News

New Tenants

Bane O'Leary, LLC

Renewals & Expansions

Razor Capital, LLC

Williams Executive Search, Inc.

Teacher's Insurance and Annuity Association of America



Thanks to all who donated. You are a CLASS ACT!



October 3-5

Carpool to Work Fairs

11 am-1 pm

10/3 - 8200 Tower, 10/4 - 8300 Tower, 10/5 - 8400 Tower

October 17 Caring for Aging Parents

Noon - 8000 Tower Classroom

If you missed this must-see presentation last year, add Tuesday, October 17th to your calendar this year. Cari Waller discusses practical tips regarding Senior Care. From pre-planning to complete crisis mode – learn the steps that need to be taken to find safe care for your loved one. Presenter: Cari Waller, a Senior Care Consultant. To register for this FREE seminar, email 8000concierge@executiveconcierge.comcastbiz.net.

October 23 - December 1

Group Fitness Marathon

NLOP Wellness Center

Here's a marathon everyone can enter.
Participate in a Group Fitness Class in
the Wellness Center and earn 1/4 mile for
every 15 minutes you work out. Add bonus activities to
increase your mileage. The first to finish wins a Grand
Prize. All participants enter to win one of two, second
place prizes. Stop by the Wellness Center for details.
Register now through October 20th.

October 31 - Halloween Pumpkin Carving & Costume Contests

8200 Tower Lobby — New Location!

On Wednesday, October 25th a fresh pumpkin will be delivered to each tenant suite. Plan your ghoulish masterpiece and on Tuesday, October 31st deliver your carved pumpkin to your building lobby by 9 am. Judging will take place that morning and winners will be displayed at the Costume Contest.

Singles, pairs and groups are invited to dress in costume and be judged at 1 pm in the 8200 Tower Lobby. All tenants are invited to join in the fun - whether you participate in the contests or not.

November 9

Winter Entertaining Seminar

Noon - 8000 Tower Classroom

Take your entertaining skills to the next level with tips and tricks from a professional on what's trending this winter. Kalsey Beach will show you how to plan and execute a winter event that can't be missed. Whether you want ideas on how to engage the office in your holiday gathering or how to make the season's hottest beverages, you'll hear it here! Do Good Events is part of the Minnesota Super Bowl resource guide so Kalsey will also share updates on the big game. Presenter Kalsey Beach – Do Good Events. To register for this free seminar, email 8000concierge@executiveconcierge.comcastbiz.net.

November 15 & 16

Annual Fall Boutique

10 am - 1:30 pm, 8500 Lobby

December 4Gift Tag Making Seminar

Noon - 8000 Tower Classroom

Put your personal touch on your holiday packages with handmade gift tags that are quick, easy and oh so creative. We'll provide all the supplies and tools to make six different designs you can take with you. To register for this FREE seminar, e-mail 8000concierge@executiveconcierge.comcastbiz.net.

December 6

Memorial Blood Center Blood Drive

8 am - 4 pm, 8500 Tower Loading Dock

Sign up online @ www.mbcherohub.club. Enter your user name and password. Once you have accessed your profile, click 'Donate Blood' and enter the sponsor code 0370.

Memorial BLOOD CENTERS

December 14

Tenant Holiday Breakfast

7:30 - 9 am





952-486-9500 www.cariboucoffee.com



Services

ATMs

8400 Tower, Retail Concourse 8500 Tower, Lower Level

RK Apothecary (convenience, gifts, and dry cleaning) 8400 Tower, Suite 80 952.405.6095

Design a Bunch

(flowers and gifts) 8400 Tower, Suite 12 **952.897.5995**

Concierge Services

8000 Tower Skyway Level, 2nd Floor Hours: 8 am - 1 pm, M-F **952.345.8231**

New Horizon Day Care

8400 Tower, Suite 10 **952.921.2273**

Shear Success (hair salon) 8400 Tower, Suite 20 952.921.2288

Overnight Courier Boxes

Pick up M-F 6:30 p.m. 8000 Tower, 1st Floor FedEx & UPS

8200 Tower, 1st Floor FedEx & UPS

8300 Tower, 1st Floor FedEx

8400 Tower, 1st Floor

FedEx & UPS

8500 Tower, Lower Level FedEx & UPS

Post Office

8000 Tower, 1st Floor 8200 Tower, 1st Floor 8300 Tower, 1st Floor 8400 Tower, 1st Floor 8500 Tower, Lower Level

Main Bloomington Post Office 952-884-3698

Restaurants

Caribou Coffee 8000 Tower, 1st Floor 952.486.9500

Café Fusion 8300 Tower, Suite 130 **952.378.1424**

Ryan's Café 8400 Tower, Suite 70 **952.897.5990**

Kincaid's 8400 Tower, Suite 90

952.921.2255 CRAVE Café & Deli

8500 Tower, Lower Level **952.582.4800**

Common

Car Wash

8300 Tower - Contract Parking Mike Siedow 651.308.5137

8500 Tower - Contract Parking
Jim Olson

612.503.0007

Fitness Centers 8000 & 8500 Towers

952.921.2081

8400 Wellness Center 952,242,2928

Security Escort 952.921.2201

Property Management

8200 Tower, Suite 280 952.921.2050

Pat Seng 952.921.2034

Vice President/General Manager

Jim Gefre 952.921.2054

Senior Property Manager 8000, 8200, 8500

Lance Brockmueller 952.921.2053

Senior Property Manager 8300, 8400

Renee Hoy 952.921.2081

Assistant Property Manager

Lisa Simonson 952.921.2020

Senior Operations/Brokerage Administrator

Tjody Jacobsen 952.921.2050Operations Assistant

Patrick Corcoran 952.921.2059 Lead Engineer

Do you have an article for our newsletter?

Contact: lisa.simonson@cushwakenm.com

Would you like to be notified of activities and events at Normandale Lake Office Park? Please go to **normandale.com** and click on Tenant Services, "Join Our Email List" is located in the middle of the page.



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