

**Kim Aanestad
Fitness Specialist**

What School are you currently attending? Minnesota State University, Mankato

What is your major? Community Health Education with a minor in Nutrition

When is your expected graduation date? Spring 2018

What interests you in the Health Promotion Field? I'm excited to inspire others to make healthy lifestyle choices and incorporate exercise into everyday activities.

Hobbies/Activities you like to do outside of work? I love to swim, rollerblade, bike, and travel. I also enjoy doing crafts and pottery. Cooking healthy recipes from Pinterest is also something I love to do!

Something interesting about yourself. I grew up with honey bees in my backyard and help my family harvest honey each year!

What is your ideal job? My ideal job would involve teaching people about nutrition and motivating others to be their best. I also like to inspire others to be active and live mindfully.