

# WARRIOR BOOT CAMP CHALLENGE

- **SIX WEEK PROGRAM**
- **EARN POINTS BY COMPLETING CHALLENGES!**
- **WEEKLY WORKOUTS**
- **FUN NUTRITION AND HABIT CHALLENGES**
- **UNIQUE BONUS WORKOUTS**
- **“LEVEL UP” YOUR WARRIOR RANKING AND STRIVE FOR SPARTAN!**



**SIGN-UP NOW AT THE WELLNESS CENTER OR EMAIL [JESSE](#) FOR MORE INFORMATION.**



**PROGRAM STARTS MONDAY, JULY 23<sup>RD</sup>.**