# CONCIERGE U-P-D-A-T-E

Audio Visual/Equipment Rentals = Corporate Gifts = Notary Service = Taxis/Limousines/Town Cars = Preferred Vendor Referrals
Tenant Events/Seminars = Discount Tickets Theatre/Concerts/Sports/More = Research/Information Gathering = Dinner/Lunch Reservations

8000 TOWER SKYWAY LEVEL | 8:00 AM – 1:00 PM MONDAY – FRIDAY
Kirsten Gundershaug and Alex Tagtmeier | 952.345.8231 | 8000concierge@executiveconcierge.comcastbiz.net

### **Take Note**



#### **Blood Drive**

Memorial Blood Centers of MN's bloodmobile will return to Normandale Lake Office Park on Thurs., March 5, from 8 AM – 4 PM. Sign up online at www.mbc.org/searchdrives. Click on Blood Drives, Normandale Lake Office Park's code is 0370. On March 5, register at the table in the 8500 Tower Atrium.

## Valentines Day Ideas

## VALENTINE'S SPARKLING WINE AND PORT CLASS

North Loop Wine & Spirits February 14 – 7-9 PM

Twin Cities Wine Education is proud to present a special night of candlelight, romantic music, and tons of wine education featuring amazing sparkling wines and ports. More information at: Twincitieswine.com

#### **VALENTINE'S TC 5K**

**Lake Nokomis** 

February 8 – 10 AM

Bundle up, grab your loved one or friend and choose either the 5K or the new one mile loop. Participants receive a medal and winter beanie. More information at: **TCMevents.org** 

ICE CASTLES
New Brighton
icecastles.com/Minnesota

#### **ICE SKATING**

Ice skate at Centennial Lakes in Edina. Skate on a 10 acre lake or take a spin on one of the park's Norwegian ice sleds. Then relax by one of three fireplaces in the pavilion. Concessions and skate rental available. https://www.edinamn.gov/700/Ice-Skating

## COUPLES MASSAGE & WINE TASTING February 14

CenterPoint Massage is partnering with Lunds & Byerly's to provide you with the perfect pre-valentines day date night. The evening will begin at CenterPoint with a two hour workshop for couples to learn and practice basic principles and applications of massage. Participants will then go over to Lunds & Byerly's tasting room (St. Louis Park) to sample a delicious selection of wines. https://www.centerpointmn.com/workshops/couples-massage-wine-tasting/



## We're Celebrating 3 Years! 3rd Anniversary Open House

8400 Tower, 1st Floor | Thurs., February 6 | 11 AM - 1 PM

- Stop in for a complimentary detailed body composition scan from InBody.
- Receive a gait assessment from the professionals at TC Runnina.
- New members who sign-up during the anniversary event, will be entered into a drawing to win a FREE month membership.

## SEMINAR: A Functional Nutrition Approach to Health and Wellness

#### Part 2: Stress Less

Thurs., February 13 | 11:30 AM | 8000 Tower Classroom Presenter: Amber Hanson, MS, LN Owner, Whole You Nutrition

Stress can wreak havoc on our bodies and minds. Learn food and lifestyle habits that can support a healthy stress response for a happier, healthier life.

### Part 3: Sleeping Your Way to Better Health

Thurs., March 12 | 11:30 AM | 8000 Tower Classroom Presenter: Amber Hanson, MS, LN Owner, Whole You Nutrition

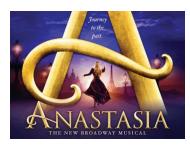
Sleep has a vital role in health – everything from risk of chronic diseases and mood disorders to food cravings and brain function. Did you know good sleep starts in the morning? Learn healthy sleep habits and eating patterns that can help support quality shut eye.

To register for either or both of these topics, email **8000concierge@executiveconcierge.comcastbiz.net** 

## TICKET OPPORTUNITIES

Please call before stopping by to pick up your tickets.

#### **NOW ON SALE**



#### **ANASTASIA**

Orpheum Theatre

SAT., MARCH 28 - 2 PM

Mn Flr, Sect 2, Row F - \$152

Mn Flr, Sect 4, Rows H,N,P&Q
- \$78.50

SAT., APRIL 4 - 2 PM

Mn Flr, Sect 2, Row D - \$152

Mn Flr, Sect 4, Rows K&N
- \$96.50

SAT., APRIL 4 – 8 PM

Mn Flr, Sect 1, Rows C - \$152 Mn Flr, Sect 3, Rows L&N - \$106

Please order and pay by 2/26.

#### CHANHASSEN DINNER THEATRE

MAMMA MIA! CLOSING FEBRUARY 22

MUSIC MAN
OPENING FEBRUARY 28

Get \$17 off main theatre dinner and show packages except matinees and Saturday night performances.



#### **COME FROM AWAY**

Orpheum Theatre

THURS., AUGUST 20 – 7:30 PM

Mn FIr, Sect 2, Rows D&E – \$142

Mn FIr, Sect 3/4, Rows K,M&N
– \$96.50

SAT., AUGUST 22 – 8 PM

Mn FIr, Sect 1, Rows C&D – \$152

Mn FIr, Sect 3, Rows G, J-L – \$106

Come From Away takes you into the heart of the remarkable true story of 7,000 stranded passengers and the small town in Newfoundland that welcomed them. Cultures clashed and nerves ran high, but uneasiness turned into trust, music soared into the night, and gratitude grew into enduring friendships.

## DISNEY ON ICE "ROAD TRIP ADVENTURES"

Target Center FRI., MARCH 13 - 10:30 AM Sect 104, Row C - \$18.50 FRI., MARCH 13 - 7 PM Sect 138, Rows A&B - \$38 Sect 132, Rows F&G - \$33 Sect 106, Rows G&H - \$28 SAT., MARCH 14 - 11 AM Sect 132, Row 1 - \$101 Sect 110, Row A - \$76 Sect 111, Rows C&D - \$56 Sect 104, Rows A&B - \$46 Sect 136, Rows 6&7 - \$46 Sect 109, Rows E&F - \$41 SAT., MARCH 14 - 3 PM Sect 110, Rows C&D - \$56 Sect 132, Rows C&D - \$56 Sect 136, Rows 6&7 - \$46 Sect 111, Row E - \$41 SAT., MARCH 14 - 7 PM Sect 111, Rows B-D - \$43 Sect 104, Row 9 - \$38 Sect 132, Row F - \$33 SUN., MARCH 15 - 1 PM Sect 104, Row 9 - \$46 Sect 133, Row H - \$41 Sect 101, Row G - \$36

Hit the road with Mickey and his pals for a high-octane road trip adventure. Exciting twists and turns await as Mickey, Minnie, Goofy embark on a wild ride to your favorite Disney destinations. See the world from the rooftops of London, travel to sun-soaked Motunui, set off on a safari to the Pride Lands. Discover a whole new world as you're swept up in a princely parade and play at a larger-than-life carnival.



#### **FROZEN**

Orpheum Theatre SAT., MAY 16 - 2 PM Mn Flr, Sect 1, Rows D&E - \$186 Mn Flr, Sect 3, Rows J-M - \$116 SAT., MAY 16 - 8 PM Mn Flr, Sect 1, Rows C&D - \$156 Mn Flr, Sect 3, Rows H,J&K - \$106 SAT., MAY 23 - 2 PM **Limited Availablity** SAT,. MAY 23 - 8 PM **Limited Availablity** SUN., MAY 31 - 1 PM Mn Flr, Sect 1, Row C - \$186 Mn Flr, Sect 4, Rows G&H - \$116 SUN., MAY 31 - 6:30 PM Mn Flr, Sect 2, Row C - \$142 Bal, Sect 5, Row B - \$116 Mn Flr, Sect 4, Rows G&H - \$87.50

#### HARLEM GLOBETROTTERS

SAT., MARCH 28 - 2 PM & 7 PM

Watch for a TICKET ALERT with more details.

#### **MERCYME**

Target Center
FRI., APRIL 3 - 7 PM
Sect. 129, Row C; Mn Flr 2, Row 5 \$76 (Regular price: \$78 + fees)
Sect. 130, Rows L&M - \$46
(Regular price: \$48 + fees)
Sect. 138, Row H - \$36
(Regular price: \$38 + fees)
Sect. 209, Row J - \$26
(Regular price: \$28 + fees)

#### **MINNEAPOLIS**

## HOME +GARDEN SHOW

#### FEBRUARY 26 - MARCH 1

Minneapolis Convention Center WED., FEBRUARY 26 – 12 PM - 8 PM THURS., FEBRUARY 27 – 12 PM - 9 PM FRI., FEBRUARY 28 – 10 PM - 9 PM SAT., FEBRUARY 29 – 10 PM - 9 PM SUN., MARCH 1 – 10 PM - 6 PM Concierge Price: \$10.50 Regular Price: \$14

#### **MONSTER JAM**

US Bank Stadium

SAT., FEBRUARY 15 - 7 PM Pit Pass - \$15

Sect 124, Row 24 - \$40.50 Sect 114, Row 33 - \$35.50 Sect 103, Row 33 - \$35.50 Sect 101, Row R - \$35.50 Sect 121, Row 33 - \$28.50 Sect 345, Row B - \$23.50

#### **MY FAIR LADY**

Orpheum Theatre

THURS., MARCH 5 - 7:30 PM

Mn FIr, Sect 2, Row P - \$142

Mn FIr, Sect 3/4, Row K - \$78.50

SAT., MARCH 7 - 8 PM

Mn FIr, Sect 2, Row O - \$142

Bal, Sect 5, Row D - \$142

Mn FIr, Sect 4, Rows H&N - \$106

### SUMMER: THE DONNA

Please order and pay by 2/5.

SUMMER MUSICAL
Orpheum Theatre
TUES., JULY 14 - 7:30 PM
Mn Flr, Sect 2, Rows J&O - \$142
FRI., JULY 17 - 8 PM
Mn Flr, Sect 1/2, Rows G,K,O&R
- \$142
Mn Flr, Sect 3/4, Rows L,M,N&R
- \$86



#### **2020 CONCIERGE DATES**

HOME OPENER VS. OAKLAND A'S THURS., APRIL 2 - 3:10 PM Sect 108, Rows 11-13 - \$53 Sect 102, Row 34 - \$35 Sect 308, Rows 4-6 - \$21

VS. LA ANGELS SAT., JUNE 6 - 6:15 PM Sect 120, Rows 17&18 - \$64 Sect 126, Row 34 - \$42 Sect 320, Row 4 - \$26

Sect 120, Row 34 – 342
Sect 320, Row 4 – \$26

VS. NEW YORK YANKEES
SAT., JUNE 20 – 1:10 PM
Sect 120, Rows 15-17 – \$64

Sect 120, Rows 13-17 - \$62 Sect 126, Row 36 - \$42 Sect 321, Row 7 - \$26

VS. HOUSTON ASTROS FRI., JULY 31 - 7:10 PM Sect 120, Rows 15-17 - \$64 Sect 126, Row 34 - \$42 Sect 321, Row 3 - \$26

VS. KANSAS CITY ROYALS SUN., AUGUST 16 – 1:10 PM Sect 120, Rows 15-17 – \$53 Sect 125, Row 34 – \$35 Sect 321, Row 3 – \$21

VS. DETROIT TIGERS
SUN., SEPTEMBER 20 – 1:10 PM
Sect 120, Rows 15-17 – \$53
Sect 126, Row 34 – \$35
Sect 320, Row 4 – \$21

#### **TOBYMAC**

Target Center

SAT., MARCH 7 - 7 PM

Sect. 133, Rows A-D - \$46

Sect. 211, Rows A&B - \$36

Sect. 233, Rows F&G - \$26

Please order and pay by 2/5.

#### TROLLS LIVE!

Orpheum Theatre

SAT., APRIL 18 – 10 AM

Mn Flr, Ctr, Rows L&M – \$84

Mn Flr, Ctr, Row Y – \$64

Bal, Sect 5, Row A – \$110

