

**NORMANDALE LAKE OFFICE PARK**  
**Presents the 2025**  
**3-on-3 BASKETBALL TOURNAMENT**  
**Rules, Regulations & Sign Up**



- WHAT:** NLOP's annual single elimination 3-on-3 Basketball Tournament for 2025.
- WHO:** Teams consisting of 3 players and 2 alternates (if desired) – building tenants only. All teams must designate a Team Captain who will be responsible for checking the schedule. Only 5 members allowed per team.
- WHERE:** Top deck of the 8500 Tower Parking Ramp.
- WHEN:** Tuesdays beginning **August 12**. We will skip Tuesday September 2<sup>nd</sup> (the day after Labor Day). Games will be scheduled between 11:00 am and 2:00 pm each Tuesday with the Championship Game the last day of the Tournament.
- SIGN UP:** Return form to Lisa Simonson by **Thursday, August 7** at 8400 Tower, Suite 1450, or by email to [lisa.simonson@cushwake.com](mailto:lisa.simonson@cushwake.com).
- BRACKET:** The Tournament bracket will be randomly determined and emailed to the Team Captains by Friday, August 8. *It is your responsibility to check this schedule.*
- RULES:** The games will be 20 minutes in length (2 ten-minute halves) with a five-minute break between halves. The winner will advance to the next round. Ties will be decided by the best of three free throws (each member taking one).



The games will be refereed, and we expect good sportsmanship. Each player will be allowed three fouls. Balls will be taken out at the top of the key after fouls. No free throws will be taken. Teams must minimally have two players to start. Alternates will be allowed as noted on the Team Roster. **There will be ONE substitution allowed during play in each half. This rule will be subject to revocation if the Property Managers deem it necessary.** Teams tardy by more than 5 minutes will forfeit the game.

- WAIVER:** All participants will be required to sign an injury waiver prior to playing.
- PRIZES:** All players will receive a Tournament Jersey, 1<sup>st</sup> and 2<sup>nd</sup> place teams will receive prizes.

**Team Name:** \_\_\_\_\_

Team Roster	Name	Company	Email - REQUIRED
<b>1- Captain</b>			
2-			
3-			
4-			
5-			